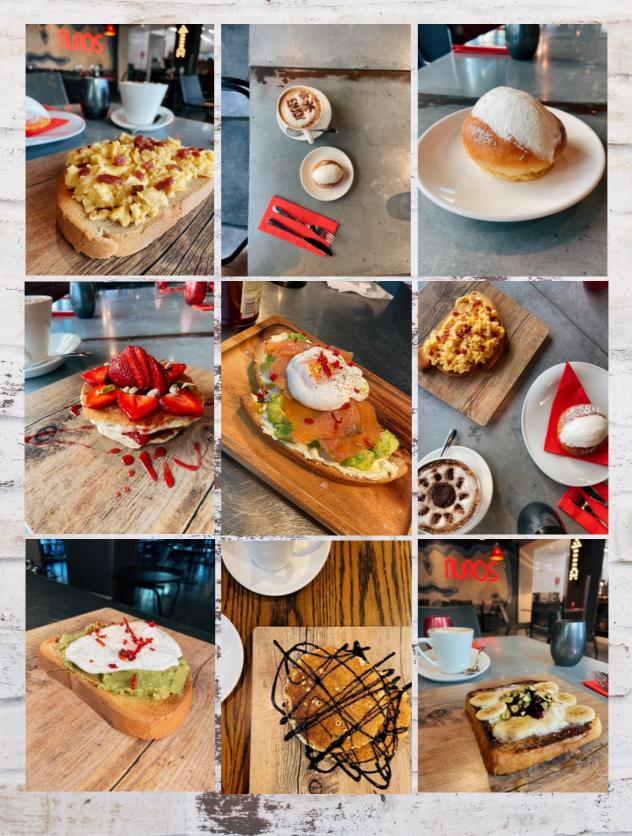
nunos@TheExpress

Breakfast Menu



It is not about the calories but healthy eating

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HOT DRINKS

1- Espresso.	£1.30	4- Latte.	£1.70
2- Capuccino.	£2.20	5- Hot Chocolate.	£2.20
3- Flat White.	£1.70	6- Tea (ask for selection).	£1.70

All coffees are available decaffeinated

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<u>PASTRIES</u>		CLASSIC TOASTS	
1- Mini Napoletana.	£1.40	On rustic, white or brown bread serve	d with:
2- Mini chocolate Donut.	£1.40	1- Butter and jam.	£1.80
3- Croissant.	£1.80	2- Tomato & olive oil.	£1.80
4- Maritozzo (Roman pastry with fresh cream).	£1.80	3- Mixed sandwich (ham & cheese).	£3.60
5- Homemade pancake with	£4.90	4- Ham & cheese croissant.	£4.60
chocolate or marmalade		5- Smoked salmon.	£4.90
EGGS		6- Parma ham & tomato.	£4.90
Scrambled eggs.	£3.00	7- Parma ham & cheese croissant.	£5.60
French omelette.	£3.90		
English breakfast (Fried eggs with bacon, mushrooms, baked beans, sausages and toast).	£6.90	1 - Toast with scrambled egg and crispy pancetta.	£4.50
TODDINGS		2- Toast with poached egg,	£5.50
TOPPINGS Jam / Butter.	£0.30	avocado and chilli flakes.	
Bacon / Mushrooms /	£1.00	3- French toast with fruit of the	£5.50
Sausages / Cheese.	£1.00	forest, banana, yogurt, honey and pistachio (or other dried	
Cooked Ham / Turkey.	£1.50	fruit).	
Avocado.	£2.00	4- Toast with tomato, spinach,	£5.50
Parma Ham / Beans.	£2.50	avocado, poached egg and hollandaise sauce.	
Smoked Salmon.	£2.80		£8.90
CREATE YOUR OWN BO	OWL	5- Toast with cheese, poached egg, avocado, smoked salmon,	20.90

- 1- Choose your cereals: Oat / Muesli / Granola / Cornflakes.
- 2- Add milk or plain yogurt.
- 3- Select your topping (choose two): Honey / Nuts / Hazelnuts / Raisins / Sunflower seeds.
- 4- Give it a healthy touch (choose two): Kiwi / Banana / Grapes / Apple / Fruit of the forest.

£8.90

SPECIAL MENUS

1- Choose your hot drink: Espresso / Flat White / Latte / Tea.

dill and chilli flakes.

2- Select your pastry: Mini Napoletana / Mini chocolate Donut / Croissant / Maritozzo.

Or classic toast: Butter and jam toast / Tomato & olive £3.00 oil toast.

£2.80